

Normal Vital Signs and First Aid Kit

Valley Equine Hospital

BASIC EXAM NORMAL VALUES

Horse:

Temperature: 99.5 – 101.5 degrees F

Pulse: 28 – 44 beats per minute

Respiration: 12 – 16 breaths per minute

Foal:

Temperature: 100 – 102 degrees F

Pulse: 60 – 80 beats per minute

Respiration: 16 – 40 breaths per minute (approximate, varies greatly)

ALSO EVALUATE THE FOLLOWING:

Capillary Refill Time: Less than 2 seconds

Mucous Membrane Color/Moisture: Pink and Moist

Gut Sounds: Heard in all 4 quadrants

FIRST AID KIT CONTENTS:

- Gauze Pads
- Roll Cotton
- Brown Gauze
- Adhesive Wrap (Elasticon, VetWrap)
- Leg Wraps
- Scissors (Blunt-Tipped)
- White Medical Tape
- Thermometer
- Stethoscope
- Antiseptic Soap (Betadine Scrub, Chlorohexidine)
- Betadine/Povidone Iodine Scrub
- Eye Wash
- Latex/Non-Latex Exam Gloves
- Spare Flashlight/Batteries